

MARCH 2011 NEWSLETTER

WELCOME TO ALL PLAYERS, coaches, umpires, parents, sponsors and supporters to what promises to be a very exciting 2011 Netball season for Garville.

CONGRATULATIONS

Senior player Carli Whitford got engaged to long time boyfriend Craig Bainger. Our Sub-Junior 1 coach, Trudi Ritter is now Trudi Hewitt after deciding to get married instead of attend trials. Cindy Williams, senior player and coach, is now Cindy Zbierski after marrying Nathan, who can ALSO often be seen on the Garville side lines. Ashlee Caldwell got her C Badge for umpiring. Brooke Trevena has been selected as a member of Netball SAs umpire Talent Identification squad.



PREMIER LEAGUE

2011 is set to be a HUGE year for Garville in the elite competition. The competition has been given a new look this year with the 10 team competition being reduced to just 6 teams. We cannot afford to rest on our laurels, as there are 4 teams on the reserve list just waiting to pounce on our spot.

Garville is pleased to announce the coaches who will lead Garville through the 2011 Premier League season.

They are Jackie Blyth, coaching the Premier League side, assisted by Brian Lines. Jackie is a very highly accredited coach, and comes to Garville from coaching such illustrious teams as the Ravens, and the South Australian men's side. Brian has been assistant coach alongside Jackie for many years. The Reserves side will be coached by Alice Johnswood. Alice has been involved with Garville for many years, and this is her second year at the helm of the Reserves. The squad has been in pre-season training throughout the summer months in preparation for a successful Premier League season. If dedication is anything to go by, we can look forward to great results from the teams.



Garville has named a squad of 19 players for the 2011 season.

Anna Wyatt	Allison Evans	Abby Williams
Alicia Marzahn	Stacey Nelson	Paula-May Broadstock
Christie Watkins	Megan Cain	Leticia Arias
Stacey Peckover	Hannah Horlin-Smith	Hayley Edge
Rachel Horstmann	Tamika Arias	Chloe Drogemuller
Kelly O'brien	Eulaly Allen	Jayme-Lee Sonneman
	Gabby Stengle	

PRE-SEASON PREMIER LEAGUE PLAYER REPORT



Well the 2011 Garville Premier League squad has been an exciting, dynamic and interesting place to be over the last few months!

After a number of trials, the 20-strong squad was named in October 2010 and, with no rest for the wicked, pre-season training kicked off in early November. As you may be aware, the club has welcomed two new (fantastic and experienced!) coaches and a host of first-time Garvillians into its Premier League side for 2011, so it seems only fitting that this also be the year for the club to embrace some new and exciting training methods.

One highlight of the preseason journey has been the squad's intense sessions at Fast Twitch Performance Training Centre. Fast Twitch Performance Training centre is the most technological advanced training facility available and utilises computer driven high speed Iso-Kinetic equipment only used up until now by elite sporting teams, such as the Adelaide Thunderbirds. The aim of this training system is to increase players' explosive speed, power and strength and take their performance to the next level. And by the vast improvement in the squad's fitness testing results to date, it seems that our hard work is most definitely paying off!

The Premier League Squad has also been fortunate enough to have been exposed to some of Garville's (and Australia's!) top players and to gain an insight into what it takes to truly make it in this sport. An innovative training session, involving a 'treasure hunt' around North Adelaide was the basis upon which netball greats, such as Michelle denDekker, Jenny Borlase, Danni Grant and Pat Micken shared their netball wisdom and advice with the squad, as well as demonstrating their longstanding passion for the Garville Netball Club. This passion was also echoed by Helen, the club president in her address to the players and there is certainly a sense of club pride already strong within this group of "Great Greys".

I think I speak on behalf of all involved with the Garville Premier League Squad when I say that we are excited about what lies ahead for us in Season 2011. We know there is a lot of hard work still to be done, but along with this we envision that there will also be many successes and we look forward to sharing these with you throughout the year.

Paula-May Broadstock

BUDDIES

Each junior team has been assigned a buddy. The buddies are senior players who will mentor the younger girls at the club, will make regular contact with their buddy team, and will come out to a training session during the season to assist the girls. The buddies would love to see the junior girls come out to the senior games during the season to see where their netball career can go.



The buddies for the 2011 junior teams are:

Sub-Primary	Rachel Horstmann
Primary 1	Abby Williams
Primary 2	Hannah Horlin-Smith
Primary 3	Anna Wyatt
Primary 4	Stacey Nelson
Primary 5	Alicia Marzahn
Sub-Junior 1	Chloe Drogemuller
Sub-Junior 2	Tamika Arias
Sub-Junior 3	Jayme-Lee Sonneman
Sub-Junior 4	Megan Cain
Sub-Junior 5	Stacey Peckover
Junior 1	Hayley Edge
Junior 2	Kelly O'Brien
Junior 3	Paula-May Broadstock
Junior 4	Allison Evans
Junior 5	Christie Watkins
Inter 5	Leticia Arias
Inter 6	Gabby Stengle



TRAINING

Training will commence on Wednesday 9th March. Your coaches will advise of times. Training will be held at the Church courts bordered by Greenhill Road, Anzac Highway, and Goodwood Road, where trials were held. These courts are shared, and during the first few weeks of training, we will be sharing the courts with finals for the summer church competition, so come to the club house to find out which court you are to go to.

SEASON DATES

The season starts for Inters and Seniors on Saturday April 2nd. Juniors, Sub-Juniors, Primaries and Sub-Primaries will begin their season on Saturday 30th April.

FEES

Fees for the 2011 season are now payable, and are required to be paid before 2nd April. All information was on your registration form and is available on the Garville website. An invoice will not be issued. Senior AMND players are invited to seek sponsorship to cover their fees this year, if sponsorship is organised early enough, it will save having to pay and then be reimbursed.

If you have any questions or wish to enter into payment negotiations, please do not hesitate to contact the treasurer via enquiry@garville.com.au as soon as possible.

UNIFORMS AND MERCHANDISE

Garville is getting a new uniform!!

In 2011, the Premier League, Reserves, AMND and Inter 1 teams will sport a new look for Garville. This will be rolled out to all teams in 2012.

The above teams will have information on the purchase of their new uniforms from their coach.

If you were thinking of buying a new uniform this year, and are not in one of the above teams, you may wish to hold off until next year, or perhaps look into a second hand uniform.

We realise that many players, especially players new to the club, will be looking for cheap uniforms to tide them over for this year until new uniforms are required next year. Therefore we are endeavouring to amass as many second-hand uniforms as we can to make available for this purpose. Second-hand uniforms are being co-ordinated through our uniform and equipment manager, Ann Beattie. She can be contacted at uniforms@garville.com.au. If you know of anyone with a surplus uniform, perhaps a player in one of the above teams, please urge them to pass their uniforms on to Ann.

New training tops will not be issued this year as they have in the past, last year's tops should be worn, or a new one purchased. New uniforms, including socks, training tops and hoodies, and merchandise such as bags, can be purchased through Sportscentre, information is available on the website.



COACHES

Our coaches will also be decked out in new “Smith’s Holden” Coach’s Jackets this season. These jackets will be displaying a STAR system to signify the level of coaching accreditation they hold. As they gain further accreditation, as they are continually striving for, so stars will be added to their jacket.

Coaches are among the most important people in our club. The coaches develop our players to be the best they can be. It is not necessary to have any prior coaching experience, to become involved in coaching at Garville. Michelle den Dekker, our Coaching Director, is a brilliant coach to the coaches. Please contact her at liquidamber@adam.com.au if you have an interest in this area, for this season or for the future. Please note the Coach’s Induction Day for 2011 coaches is on March 10th 7m-9pm. Please make sure you attend this session.

SCHOOL HOLIDAY CLINIC

Garville will be holding a clinic in the July school holidays. More details will be made later in the year, the dates are the 18th, 19th and 20th of July.

SPONSORSHIP

In order to continue to keep fees as low as possible, as well as give all our players the best netball opportunities possible, Garville is seeking sponsors for the 2011 AMND teams and senior players. As sponsorship means printing of uniforms, please make sure you seek sponsorship as soon as possible. So uniforms lead times.

We would appreciate every player actively seeking sponsors. You have received information to pass on to potential sponsors in your Family Club Day Pack. Please email the club for further information or to advise of a successful sponsorship.

UMPIRE INTEREST

We are VERY interested in building and developing our pool of umpires. Without umpires we cannot put teams on court. Training and advice is available. Umpires are paid and also receive entry passes to all games for the season. If you are interested in umpiring for Garville, register your interest via the club email, we would love to hear from you. Lots more information can be found on the website.

Thanks to all those who have expressed interest to date, we will be contacting you in the near future to discuss the possibilities.

GARVILLE CLUB INVOLVEMENT

There are many ways you can get involved in your club. We included some suggestions in the registration form, and are always keen to hear any suggestions or offers of assistance you may have. We thank all players and their families for the offers of assistance received so far. Getting involved with your club is a great way to meet new people. There will be fundraising events and social events throughout the season you can assist with and patronise, please make sure you GET INVOLVED!

COMMUNICATION

Your Team Manager will be an important source of information this season. Information will be passed between the club and the teams on a weekly basis via the team manager.

We plan to distribute 4 newsletters this season, they will be distributed via email and will also be available on the website.

Emails will be sent with any information needed to be communicated at other times of the season, so keep an eye out for Garville emails.

Our website, www.garville.com.au, is being revamped this season.

Our plan is to improve this resource greatly to make this an informative, user-friendly space, with photos, match reports, interesting facts, important dates, umpire news, coaching news, player news, player profiles, player interviews and lots more. This site will contain information for and about Premier League right down to Sub-Primaries. Check the website regularly for updates.

If you have any photos, match reports, interesting facts, news, ideas or anything you wish to convey to your club, please email the club at enquiry@garville.com.au we would love to receive it.

It is envisaged that we will have all team names on the website. If anyone has an issue with their name, or their daughter's name being posted on the website please send an email or letter to the general Garville contact address, otherwise we will take it that all parents and senior players have agreed for this to happen.

STATISTICS

Garville will enter 27 teams in the 2011 winter season.

We currently have 256 players registered

SUMMER SEASON

We currently have 20 teams competing in City Night summer season at ETSA Park.

At the date of printing, 17 of our teams are destined for finals.

We wish all teams the best of luck for success for the remainder of the season. Send lots of photos, match reports and items for the website.

Special thanks must go to Michele Sutherland and Michelle Thompson who are successfully running all facets of the summer season. This is a huge task to have undertaken, and the season has run relatively smoothly with a minimum of fuss. Thanks go, also, to Brooke Trevena and Ashlee Caldwell for implementing the Green Shirt program over the summer. This is a valuable program for our beginning umpires. To ensure Garville produces quality umpires for the future.

We **HOPE** that you all enjoy a great year of Netball and we look forward to working with you all over the year.

Go the Great Greys!!

garville.com.au

